

Ideas to keep your children entertained at home.



Dancing

Why not learn to dance with Jen and Ellie from **Dance for Life** .You can find fun ,easy street dance routines on the Bradford Council <u>YouTube Channel</u>



or <u>Facebook</u> page .Once you have perfected your routine you can upload your video to hashtags #DanceforLife #ExerciseAtHome #StayInWorkOut

Stories

Staying Home is another story about a family in



lockdown written by Sally Nicholls. You can download a copy of the book at https://www.booktrust.org.uk/news-and-features/features/2020/april/staying-home-by-sally-nicholls/ or you can listen to Sally read the story

https://www.facebook.com/7Stories/videos/staying-home-read-by-sally-nicholls/1300519250154438/

Cooking

Jamie Oliver has created a series dedicated to cooking with children. Find it on his YouTube channel https://www.youtube.com/user/JamieOliver



Join in with our singing or story sessions that are uploaded weekly to our Facebook page and watch out for our

new interactive sessions via zoom.https://www.facebook.com/StrongCloseNS/

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Staying healthy during coronavirus

Test and Trace

The new NHS **Test and Trace** launched on 28th May 2020, if you have symptoms, get tested.



Immunisations



Despite the Covid 19 pandemic, health experts in Braford are advising that babies and children are kept up to date with their

immunisations so they stay well and reduce the pressure on the NHS. For more information visit https://www.bradford.gov.uk/health/improve-your-childs-health/immunisations/?

utm medium=email&utm source=govdelivery

Keep friends and family safe in warm weather

Young children, the elderly, those with chronic illnesses can be at risk of being affected by the hot temperatures. Make sure they are well protected by staying in the shade, using sun creams and drinking plenty of water For more information visit https://www.bradford.gov.uk/health/health-advice-and-support/advice-for-hot-weather-and-heatwaves/? utm medium=email&utm source=govdelivery

Couch to 5k

Why not get more physically active while the social distancing measures are still in place and have



a go at this 9 week couch to 5k. To find out more visit http://content.phepartnerships.co.uk/?
C4E4.Wat1IKikPscoCo.uNRC4K98vDQiC

Back to school? Is your child going back to school? If possible, walk or cycle.

Public transport

Please continue to follow government guideline and try to avoid using public transport when coming to nursery visithttps://extranet.dft.gov.uk/safertransport-campaign/schools/to find out more information.



This Half Term in Blue, Green & Yellow Rooms

Summer



More detailed plans are done on a weekly basis. These are on display but please ask if you would like your own copy. We will also keep you updated in our weekly 'What's Happening' - copies available in the main entrance, on our website and on Facebook.

Continue to follow the government guidelines and support their strategies to keep you and your family safe.



THIS HALF-TERM IN BLUE, YELLOW and GREEN ROOMS

Extending children's knowledge and skills

Introducing new knowledge and skills

Some ideas for parents /carers

Growth and Nature— Before we entered into lock down the children had been interested in the flowers growing in the nursery garden .To continue with this interest we will support them by further exploring nature in our environment .We will closely



observe the changes in the weather, trees, plants and insects .We will extend their interest by planting a variety of seeds and introducing new vocabulary such as shoot, germinate, sprout and seedlings .

In Green Room the children were engaging in vehicle play. They had started to make roads using different materials to make pathways. This was extended to making small world adventure pathways. The children were able to maneuver



play people, animals and vehicles along the pathways. We started to think about how we could have hidden pathways using bridges and tunnels.

These ideas will be extended through our next story "We're Going on a Bear Hunt".

We have been engaging in activities so that we are ready for school.





This term we will be reading the story
We're Going on a Bear
Hunt by Michael Rosen and Helen Oxenbury.

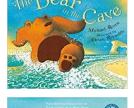
During the lockdown many

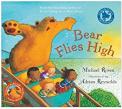
families have been following the teddy bear hunt in their neighbourhood and spotting bears in windows.

We will be also reading other bear stories by Michael Rosen the author such as The Bear in the Cave and Bear Flies High. We will be providing opportunities for children to hear rhymes and

sounds in words & recognise and write their own name. In addition we'll encourage children to create their own version of stories, including books with no words.

The children will have chance to use and talk about positional language and play games where they position themselves, inside, behind on top an so on.

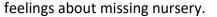


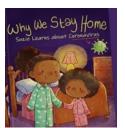


We are going to talk to the children about what they

have been doing during lockdown and read relevant

stories to explain Covid 19 and keeping safe along with discussing their











Supporting transition from nursery to reception

A number of our children will be leaving us at the end of this term to move to their new schools in September. This year will be more challenging than previous years ,however we will focus on this transition in order to build their confidence.

You can help by talking to your child about these changes and explain why they happen so it doesn't come as a surprise.

Why not visit the website chatter pack it has some great links to virtual tours and live webcams, you can watch the Pandas at



Edinburgh Zoo along with lots of different animals and insects. Find them at

https://chatterpack.net/blogs/blog/list-of-onlineresources-for-anyone-who-is-isolated-at-home? fbclid=IwAR1pAJjBLvmeRa_JUpSY6ubXSSb0pmkRzYeZt FLcUbKHEiydIIxSAeMPpgM



Download the 50 things app and have a go at #30 Yummy Picnic

You could have your own teddy bears picnic at home. Picnics are great at any age ,you could write a menu together and decide what to buy. You could prepare the food together and eat in your garden or even inside depending on the weather.

https://bradford.50thingstodo.org/app/os#!/50-things-to-do-before-youre-five