



This Weeks 'What's Happening'

New Web Chat Service- Staying Put is part of the Bradford Survive & Thrive Consortium which has been formed to transform the lives of women, men and children who are affected by domestic abuse and sexual violence. Their online web chat operates

Mon-Fri 5pm - 8pm, Saturday & Sunday 11am – 2pm. For further information:

www.stayingput.uk.net #StillHereToHelp



STAYING PUT
Domestic & Sexual Abuse Support Services

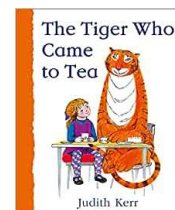
**Monday 23rd
November**



**Nicola is Reading our core story
interactively.....**

The Tiger Who Came to Tea

Have a look on our website & Facebook page!



**Tuesday 24th
November**



9.30 am Virtual Parent/Carer Café for all families

Join in with Emma our Parental Involvement Worker & Helen our Headteacher. For information on how to book and receive a zoom invite, please email the school on office@strongclose.co.uk.

**Wednesday 25th
November**

The sign of the week is
"Friend "



**Thursday 26th
November**



Change 4 Life Healthy Recipe of the Week

Super Stew & Dumplings For details of how to make this dish visit

<https://www.nhs.uk/change4life/recipes/super-stew-and-dumplings>



**Friday 27th
November**



**Why not join Alex
our Dance for Life Instructor
for a fun Dance Session**

<https://www.youtube.com/watch?v=qlxMEHuhL40&list=PLzYOSpxR-vtvYh3Sfm2i6pObDkipWE31L&index=14>



**This weekend you could try the 50 things app and look
at activity # 18 Dance!**

Dancing is fun as well as being a great way to encourage your child to be active and healthy.

Your baby and toddler will enjoy moving their body to the rhythm and beat of different types of music and will delight in copying your fabulous dance moves!

<https://bradford.50thingstodo.org/app/os#!/50-things-to-do-before-youre-five>

