



## This Weeks 'What's Happening'

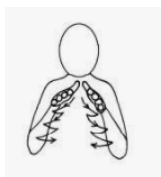


In Keighley and Bradford there are high numbers of tooth decay, with more than 1 in 3 five-year-olds showing evidence of decayed or filled teeth. Have a look at our sugar swaps board in the entrance or visit <https://www.nhs.uk/change4life/food-facts/sugar/sugar-swaps-for-kids> for more tips. Tooth decay causes pain which can have a significant impact on speaking, eating and well-being. The Bradford Oral Health Team will be here this **Wednesday** all day to complete and apply **fluoride varnish** which is a golden gel which is painted onto your child's teeth twice a year and when combined with daily tooth brushing will help prevent tooth decay.

To view this week's menu please visit the news section of our website and the Week 2 Menu. There will be a change as the children staying for lunch on Wednesday will have a Christmas dinner and pizza will then be served on the Friday. Why not try some of the Change4Life healthy recipes at home!

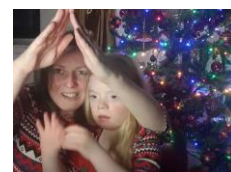


This week



Our sign of the week this week is  
"Christmas Tree"

Watch how to do the sign with Lucinda at  
<https://www.youtube.com/watch?v=HRGdNdCITQI>



Wednesday  
1<sup>st</sup>  
December



Join in with our **Wednesday Stay and Play sessions today from 9.30 to 10.30** for babies and toddlers, with indoor and outdoor play and a great opportunity for parents/carers with **babies and toddlers** to meet other parents/carers in the local community. To book a place email [office@strongclose.co.uk](mailto:office@strongclose.co.uk) or telephone 01535 605272.

This week

In **red** room, the children have been interested in the transporting schema by transporting water from one area to another using various equipment. This week, therefore we will be adding drainpipes and shutes to allow the children to watch the water flowing down. Visit <https://www.bbc.co.uk/tiny-happy-people/baby-club-bath/z3fgf82/> for fun water play activities including the bath time routines.



Wednesday  
1<sup>st</sup>  
December



We will start selling our **Christmas raffle tickets** today with a Christmas Hamper and vouchers for restaurants and hairdressers- proceeds will go to our summer school trip and the Keighley Imagination Library.

**Today at 12.45pm** you can also join in with our **Dummy and Bottle Workshop**. You can learn how dummies and bottles with teats can inhibit your child's speech development and oral health and find out useful tips on how to stop dummy and bottle use. Please email [office@strongclose.co.uk](mailto:office@strongclose.co.uk) or telephone 01535 605272 to book a place



This week



In **green, blue** and **yellow** rooms this week, we will be introducing the Christmas story through role play. The children will have the opportunity to dress up and retell the story with their peers. Visit <https://www.bbc.co.uk/tiny-happy-people/lets-make-believe/z7tmxyc> for imaginative ideas and watch the story at <https://www.bbc.co.uk/cbeebies/watch/presenters-nativity-story>



Watch **blue** and **yellow** room staff sing their Christmas song See the video on our Facebook page at <https://www.facebook.com/StrongCloseNS/videos>

